

FNHA UPDATE

Spring Caucus 2022



First Nations Health Authority
Health through wellness



Message from Richard Jock FNHA Chief Executive Officer



First Nations Health Authority
Health through wellness

FNHA 2022 SPRING CAUCUS UPDATE HIGHLIGHTS PROGRESS TOWARD OUR SHARED VISION.

During these extraordinary times, the FNHA has been and is continuing to work collaboratively with our partners on the concurrent public health emergencies. While FNHA continues to respond to these emergencies, we have not lost sight of the other important work and continue to advance and transform programs and services that support First Nations. We remain your partner in health and wellness and will continue to walk together as we face challenges and innovative opportunities ahead.



Watch Richard Jock's video presentation here: <https://youtu.be/sDh3Y3apiEU>



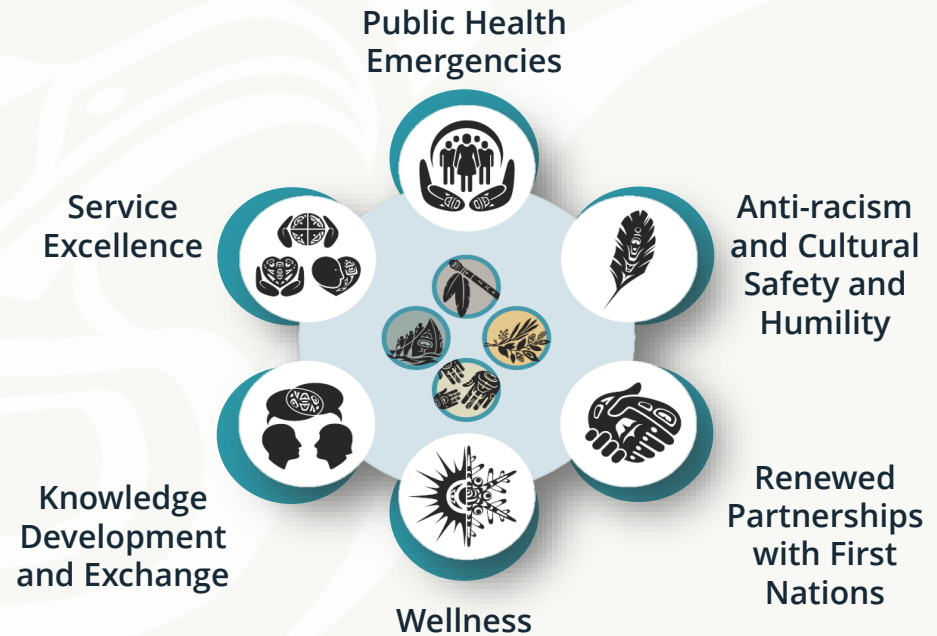
Message from Richard Jock FNHA Chief Executive Officer



First Nations Health Authority
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First Nation Led Primary Care Centers	Renewed Canada Consolidated Contribution Funding Agreement
FNHA New Multi-year Health Plan	Tripartite Evaluation & Evaluation Response Action Plan
Treatment and Healing Modalities & Addressing Root Causes of Trauma	Engagement: Distinction Based Legislation Long Term Care Children & Youth Health and Wellness

FNHA UPDATES & EMERGING OPPORTUNITIES





First Nations Health Authority
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FNHA Public Health Emergency Response Update

Spring Caucus 2022





Concurrent Public Health Emergencies

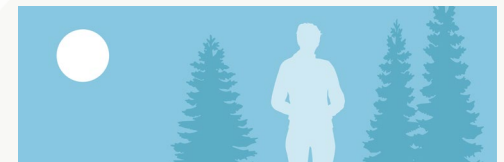
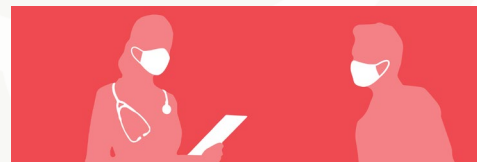
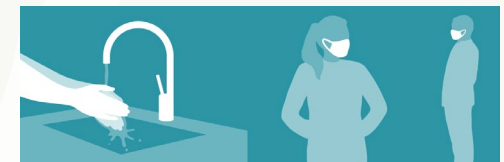


First Nations Health Authority
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While ongoing concurrent Public Health Emergencies continue to challenge us, they have also allowed for innovation and creativity, strengthening the FNHA resolve to realize our Shared Vision of healthy, self-determining and vibrant BC First Nations children, families and communities.

THE FNHA WORKED WITH FIRST NATIONS LEADERSHIP AND REGIONS TO SUPPORT COMMUNITIES EXPERIENCING HEALTH EMERGENCIES:

- COVID-19 Pandemic
- Toxic Drug Crisis
- Indigenous-Specific Anti-Racism
- Residential Schools
- Environmental Climate Change Emergencies
- Wildfires/Floods/Heat etc.





Message from FNHA Chief Medical Office



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FNHA CHIEF MEDICAL OFFICER, DR. SHANNON MCDONALD



PUBLIC HEALTH EMERGENCIES COVID-19 PANDEMIC

- BC has been gradually easing COVID-19 restrictions because we have high “community immunity”.
- BC will soon be offering a spring COVID-19 booster vaccination campaign that is eligible to indigenous people 55 or older.
- COVID-19 is moving to be an “endemic” virus, which means it affects fewer people and is manageable, however some vaccinated individuals and those who are unvaccinated continue to have a higher risk of getting very ill if they contract COVID-19
- First Nations have the right to self-determine their own decisions about masks and gatherings based on risk to their community
- COVID-19 safe practices, such as social distancing, wearing masks, and using sanitizers, lowers the risk of getting all respiratory viruses – including influenza and the common cold.



Watch Dr. Shannon McDonald's
video presentation here:
<https://youtu.be/psMU8x1R4p0>





Public Health Emergencies

Toxic Drug Crisis



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- BC First Nations people continue to be disproportionately impacted by the Toxic Drug Crisis.
- In 2021, we lost **334** First Nations people to toxic drug poisoning in BC, representing **15%** of all toxic drug poisoning deaths in 2021
- In 2021, First Nations people died at **5.4x** the rate of other BC residents.
- FNHA has also released region-specific data on toxic drug poisoning deaths and events.

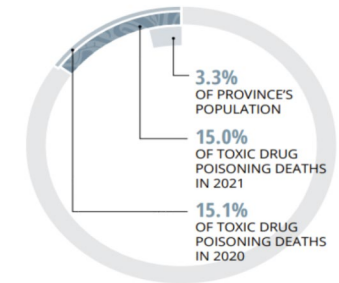
TOXIC DRUG POISONING DEATHS

NUMBER OF PEOPLE WHO DIED
OF TOXIC DRUG POISONING

25.6% ↑

increase in toxic drug deaths compared to the same period in 2020.

FIRST NATIONS PEOPLE ARE DISPROPORTIONATELY REPRESENTED IN TOXIC DRUG POISONING DEATHS





Public Health Emergencies

Toxic Drug Crisis - Impact on First Nations Women



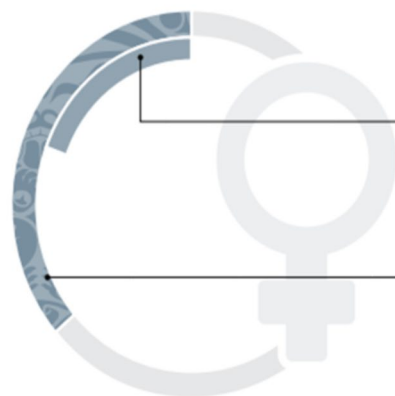
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- The proportion of drug poisoning deaths among First Nations women increased to **36.3%** in 2021 from **32.3%** in 2020.
- First Nations women died at nearly **10x** the rate of other female residents in BC.
- FNHA has pivoted our toxic drug crisis response towards a greater focus on First Nations women, especially those living in urban centres.

9.8x

First Nations women died at **9.8 times** the rate of other female BC residents in 2021

FIRST NATIONS WOMEN EXPERIENCE VERY HIGH RATES OF TOXIC DRUG POISONING DEATH



19.2%
OF OTHER BC RESIDENTS WHO
DIED IN 2021 WERE WOMEN

36.3%
OF FIRST NATIONS PEOPLE
WHO DIED IN 2021 WERE
WOMEN





Public Health Emergencies

Toxic Drug Crisis

FNHA's response



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ENHANCING OUR RESPONSE BASED ON THE LATEST SURVEILLANCE DATA AND WHAT WE'VE HEARD ON HOW AND WHERE FIRST NATIONS PEOPLE ARE AFFECTED.

Key initiatives include:

- Improved access to treatment options for opioid use disorder
- Harm reduction education for communities and clinical education, consultation and training
- Indigenous Harm Reduction Community Council
- Expanded supports for people experiencing grief and loss
- Distribution of harm reduction grants
- Advocating to improve access to safer supply and decriminalization of people who use drugs
- Indigenous-focused overdose prevention sites
- Individual and community access to nasal naloxone





Message from FNHA Public Health Response



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PUBLIC HEALTH EMERGENCIES COVID-19 PANDEMIC

While on going Concurrent Public Health Emergencies continues to challenge us, it also allowed for innovation and creativity, strengthening the FNHA resolve to realize our Shared vision of healthy, self-determining and vibrant BC First Nations children, families and communities.

THE FNHA WORKED WITH FIRST NATIONS LEADERSHIP AND REGIONS TO SUPPORT COMMUNITY HEALTH EMERGENCIES:

- COVID-19 Pandemic
- Toxic Drug Crisis
- Indigenous-Specific Anti-Racism
- Residential Schools
- Environmental Climate Change Emergencies
- Wildfires/Floods/Heat etc.



Watch Katie Hughes' video presentation here: <https://youtu.be/Dh0CaZegFwg>





Public Health Emergencies

COVID-19 Pandemic



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FNHA IS CONTINUING TO SUPPORT COMMUNITY PREVENTION AND RESPONSE

Access to testing

- Significant deployment of rapid antigen tests, community-based testing

Vaccinations

- Support for in-community vaccine clinics
- Information campaigns to improve vaccine uptake

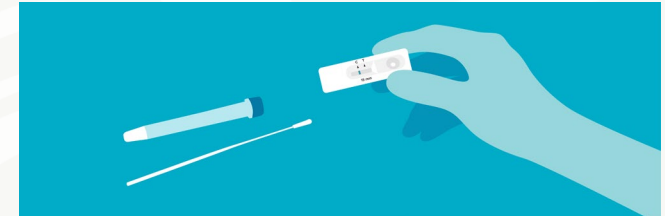
Infection prevention/control

- Isolation support continues (e.g. companion travel, meal supports)
- Personal Protective Equipment supplies
- Community Communicable Disease Emergency planning support

Mental Health and Cultural Supports

- Includes 24/7 support lines, individual counselling, cultural wellness support

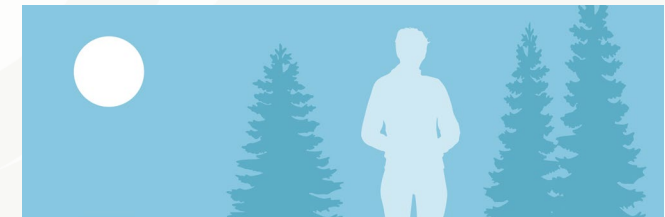
COVID-19 Rapid Testing



Get Vaccinated



Mental Health and Wellness





Public Health Emergencies COVID-19 Pandemic



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AS OF MARCH 23, 2022: VACCINATION COVERAGE FOR STATUS/STATUS-ELIGIBLE, FIRST NATIONS INDIVIDUALS, 12+ YEARS OF AGE:



	At least 1 Dose	At least 2 Doses	3 Doses
In or Near Community	84.9%	80.7%	40.8%
All First Nations in BC	82.9%	77.8%	37.9%

- **6,865** first doses have been administered to status/status-eligible First Nations, **5-11 years**.

1st, 2nd and 3rd doses have been administered by Regional Health Authorities (RHAs) to Status First Nations, **5+ years**, and at First Nations community clinics, which may include Non-Status individuals, as follows:

- **149,803** doses administered in First Nations community clinics
- **177,929** doses administered to First Nations people by RHAs





Public Health Emergencies

COVID-19 Pandemic



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- Transitioning from a pandemic to an endemic situation, FNHA focus is shifting from response to supporting First Nations with post-pandemic recovery

Three priority areas have been identified for initial focus:

1. Mental health and wellness
 2. Staff relief and recovery
 3. Service resumption
- Recovery plans have been identified and implementation of early actions is underway
 - FNHA is continuing to participate in provincial recovery planning discussions





Public Health Emergencies

Environmental Climate Change Emergencies



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- Disasters linked to climate and weather extremes are becoming more frequent and intense
- FNHA is working to ensure responses to environmental emergencies such as wildfire, extreme heat and flooding meet the needs of communities
- Atmospheric River flooding event response:
 - ✓ FNHA staff embedded in the three Provincial Regional Emergency
 - ✓ Operations Centers (PRECO) and the Provincial Emergency Coordination Centre
 - ✓ Regional teams present in most Emergency Support Service Reception centres
 - ✓ FNHA Environmental Public Health teams performing rapid damage assessments on homes
 - ✓ Jordan's Principle approach to food security



Message from VP, Community Health and Wellness Services, Sonia Isaac-Mann



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MENTAL HEALTH & WELLNESS



Watch Sonia Isaac-Mann's video presentation here: https://youtu.be/r7__JJC0z3k





Public Health Emergencies

Environmental Climate Change Emergencies



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- Disasters linked to climate and weather extremes are becoming more frequent and intense
- Working to ensure responses to environmental emergencies meet the needs of communities
- Continuing to build on the experiences, lessons learned and what we've heard to inform planning for 2022





Residential School Findings



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- Continuing to see significantly increased demand on existing cultural wellness and healing-based services
- FNHA role in IRS response to work with communities/Nations and provincial/federal partners to identify needs and coordinate response efforts around supports, services, and funding
- Indigenous Services Canada provided \$13,434,693 to FNHA for one time, off-cycle funding to provide essential mental health, cultural and emotional services to support healing from trauma
- Indigenous service providers also received \$1.5 million in provincial funding to address urgent need for culturally safe and trauma-informed mental health and wellness supports





Mental Health & Wellness Resources



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COUNSELLING AND CULTURAL SUPPORT FOR CHIEFS, LEADERS AND HEALTH STAFF (DEDICATED LINE)

- Provided by Tsow-Tun-Le-Lum 1-888-403-3123

VIRTUAL CRISIS SUPPORT - AVAILABLE 24 HOURS A DAY

- Indian Residential School Survivors Society 1-800-721-0066
- KUU-US Crisis Line 1-800-588-8717
- VictimLink – For victims of family and sexual violence 1-800-563-0808 (call or text)

COUNSELLING, TRADITIONAL AND CULTURAL SUPPORTS

- First Nations Health Benefits – supports access to counselling services 1-855-550-5454
- First Nations Virtual Substance Use and Psychiatry program - Specialist support, with a referral, for assessment, harm reduction, relapse prevention and treatment care planning
- Indian Residential School Resolution Health Support Program (IRS RHSP) – Virtual and in-person emotional and cultural support



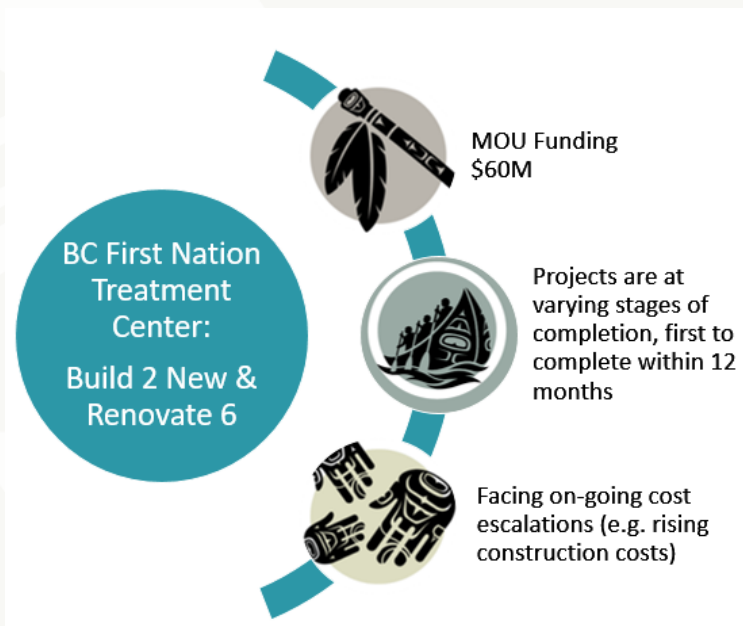


Mental Health & Wellness MOU Current Status



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- The \$60M Tripartite MoU provides financial support for the replacement of six treatment centre facilities and the construction of two new facilities
 - Work is underway on all eight (8) projects
 - Each project has a unique context, service delivery strategy and completion timeframe
 - The projects are at varying stages of completion, with the first project reaching conclusion within the next 12 months
- FNHA continues to monitor and track anticipated cost escalations for all projects
 - impacts of COVID-19, supply chain disruptions and high levels of construction activity across BC





Mental Health & Wellness MOU Current Status



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	FS	IN	NO	VC	VI	TOTAL
Statements Approved	2	7	18	11	14	52
Statements Approved in Principal	0	0	0	0	0	0
Statements in Progress	0	1	6	0	1	8
Statements on Hold	0	1	1	1	2	5
Total Statements Received	2	9	25	12	17	65
Total \$ Requested						
	\$ 2.02 M	\$ 8.10 M	\$ 7.7M	\$ 4.97 M	\$ 8.3M	\$ 31.9M
Total \$ Allocated						
	\$ 2.02 M	\$ 7.2 M	\$ 4.8M	\$ 3.29 M	\$ 5.8M	\$ 23.3M
Notional Target						
	\$ 2.4 M	\$ 6.90 M	\$ 10.5 M	\$ 3.3 M	\$ 6.9 M	\$ 30 M
Total Unique Communities*						
	32	55	41	14	30	171

Quadrants of All Statements Received	
Pre-Planning/Planning	29
Collaborate	16
Design	11
Demonstrate	6





Mental Health & Wellness MOU Implementation Evaluation



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PRELIMINARY COMMUNITY FINDINGS

- Community participants and regional supporters clearly identified that MHW MOU funding **is meeting a demonstrated need** and **making progress to improve MHW** in ways that are meaningful to individuals and communities.
- While the MHW MOU's intention was to be a flexible funding model, there are **some challenges that limit flexibility**, namely **lack of capital** funding.
- Accessing **long-term, flexible, and sustainable funding** to support community-driven MHW initiatives is a **high priority** for communities to build capacity, meet immediate needs, and support broader planning to address SDoH.
- Providing **flexible options** (e.g., for reporting) **and support** (e.g., with SoR development) is appreciated and **helping to increase access / address barriers**. There is desire for enhanced flexibility across other funding opportunities as well.
- Findings are preliminary, informed by initial feedback from community stakeholders who had the capacity to participate; Do not reflect feedback from community stakeholders in non-participating communities; Have not been validated by community members





Evolution of Mental Health, Wellness & Healing Approach



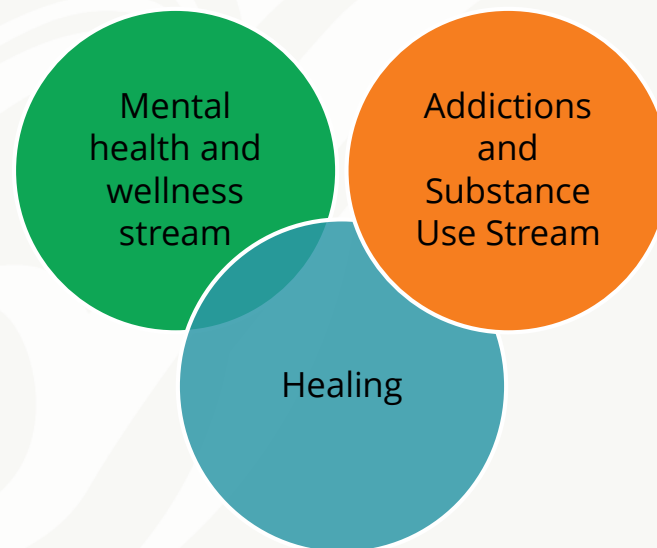
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- Mental health, wellness and healing
- Move from trauma-informed to trauma-based

Creation of Healing Houses

Opportunities to Evolve MOU to Determinants of Healing

- FNHA will be engaging with communities over the coming months to discuss healing approaches/modalities to support five initial sites.
- Grounded in cultural strengths and resiliency in each Nation/Family/Sub-region with connections into community.
- To focus on supporting healing from trauma and reflect what communities envision healing looks like to them.



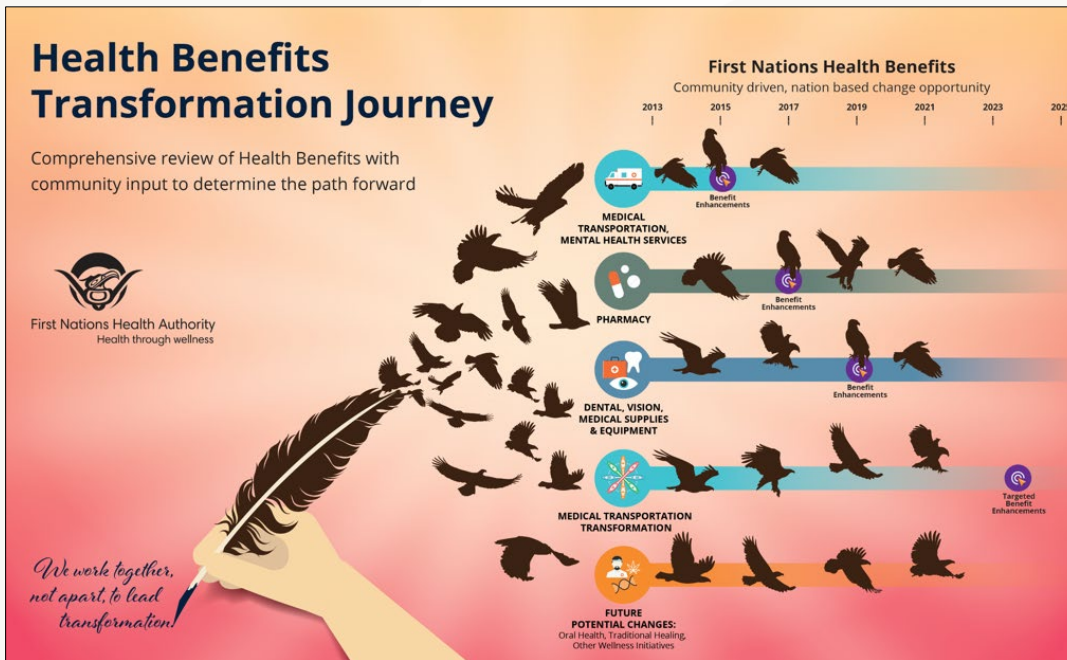
Message from VP, Health Benefits

John Mah



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FIRST NATIONS HEALTH BENEFITS TRANSFORMATION



Watch John Mah's video presentation here: <https://youtu.be/qs1xcw1ccHw>





Health Benefits Transformation



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First Nations Led Primary Care Initiatives

- 6 planned for 2022/2023
- Williams Lake Wellness Centre opening this summer

Virtual Pathways (FNDOD and FNSUPs)

- Group counseling starting in June
- Psychiatric nursing planned for September

Medical Transportation (MT)

- MT Engagement Report completed (<https://www.fnha.ca/Documents/FNHA-Medical-Transportation-Transformation-Project-Engagement-Summary.pdf>)
- Journey Newsletter (<https://medicaltransportation.fnha.ca/>) is being provided each month to share program and project updates
- Temporary mileage rate increase for personal vehicle use

First Nations Virtual Doctor of the Day

Your wellness. Your way. Family doctors are on call to provide culturally-safe care, seven days a week.



1. Call 1-855-344-3800 to book an appointment by video or phone.



2. See a doctor as soon as today!



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Learn more at
FNHA.ca/VirtualHealth

First Nations Virtual Substance Use & Psychiatry Service

Culturally-safe specialist support for your health and wellbeing



1. Ask your health and wellness provider for a referral or call the First Nations Virtual Doctor of the Day.



2. You and your provider can call the service together to set up an appointment by video or phone.



3. An assistant will connect you with a specialist to give you the support you need.

Support is available Monday to Friday
Learn more at FNHA.ca/VirtualHealth



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Service Excellence & Transformation



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Urban and Away From Home (UAH)

- UAH Survey (<https://www.fnha.ca/Documents/FNHA-urban-and-away-from-home-survey-2021-results-report.pdf>) completed 2021
- Building and enhancing partnerships: supporting vaccination access and coordination
- Created & Implemented UAH engagement framework for Primary Care Networks

Next Steps

- Regional community engagement sessions (fall) to support the development of UAH engagement strategy



Message from Chief Nursing Officer Dr. Becky Palmer



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CULTURAL SAFETY & HUMILITY / ANTI-RACISM



Watch Dr. Becky Palmer's video presentation here:
<https://youtu.be/b0SGIqKE4T4>





Cultural Safety & Humility and Anti-Racism

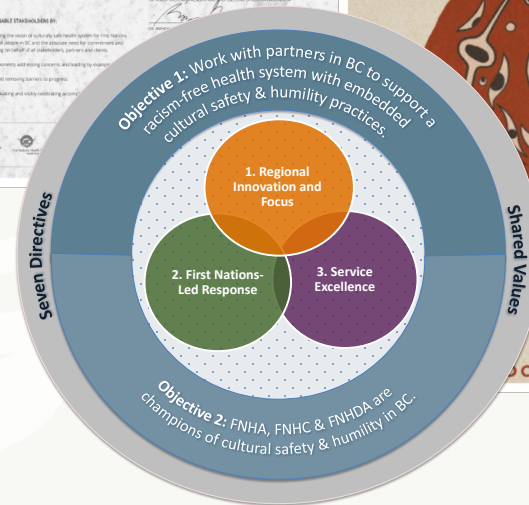
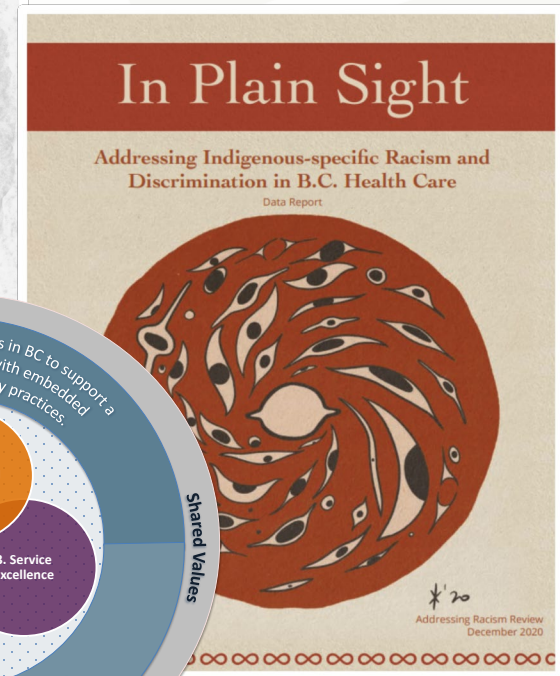


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Advancing cultural safety and humility work over a number of years in BC with partners:

FNHA, FNHDA and FNHC jointly developed:

- Anti-Racism, Cultural Safety Framework (<https://www.fnha.ca/Documents/FNHA-FNHC-FNHDA-Anti-Racism-Cultural-Safety-and-Humility-Framework.pdf>)
- Anti-Racism, Cultural Safety Action Plan (<https://www.fnha.ca/Documents/FNHA-FNHC-FNHDA-Anti-Racism-Cultural-Safety-and-Humility-Action-Plan.pdf>)
- Accreditation standard development (<https://healthstandards.org/public-reviews/cultural-safety-humility-bc/>)
- Ongoing provincial and national work in response to the *In Plain Sight* report (https://engage.gov.bc.ca/app/uploads/sites/6/13/2021/02/In-Plain-Sight-Data-Report_Dec2020.pdf1_.pdf)





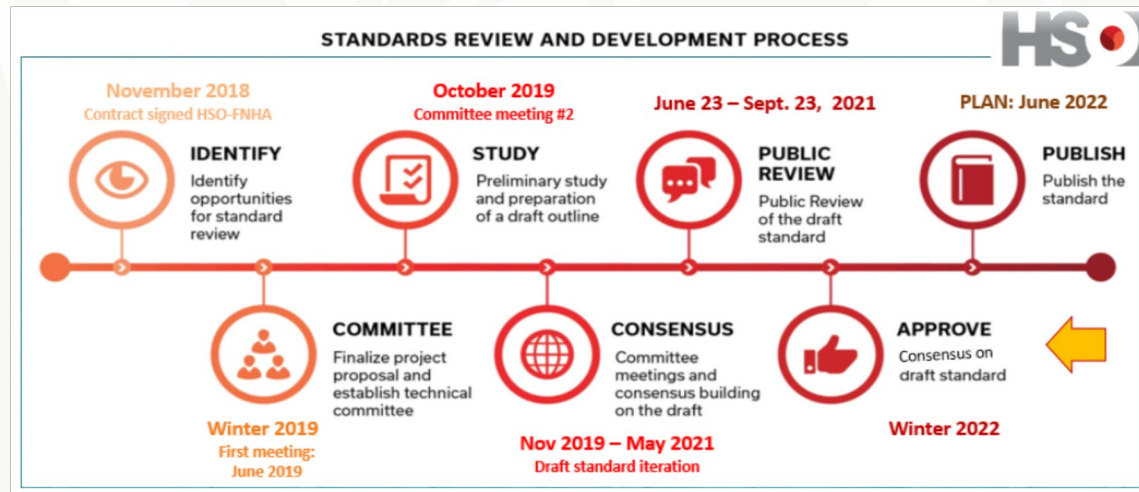
Cultural Safety and Humility

Cultural Safety and Humility Standard



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- FNHA, in partnership with the Health Standards Organization (HSO), will be releasing the *British Columbia First Nations, Métis, and Inuit Cultural Safety and Humility Standard* in early June 2022.
- This Standard is the first of its kind in Canada, and was developed by a First Nations-led Technical Committee in BC. It aims to integrate cultural safety and humility into healthcare to make it safe, accessible and better able to address anti-Indigenous racism.
- The *Cultural Safety and Humility Standard* was open for public review from June to September 2021 and that feedback has been reviewed and integrated.





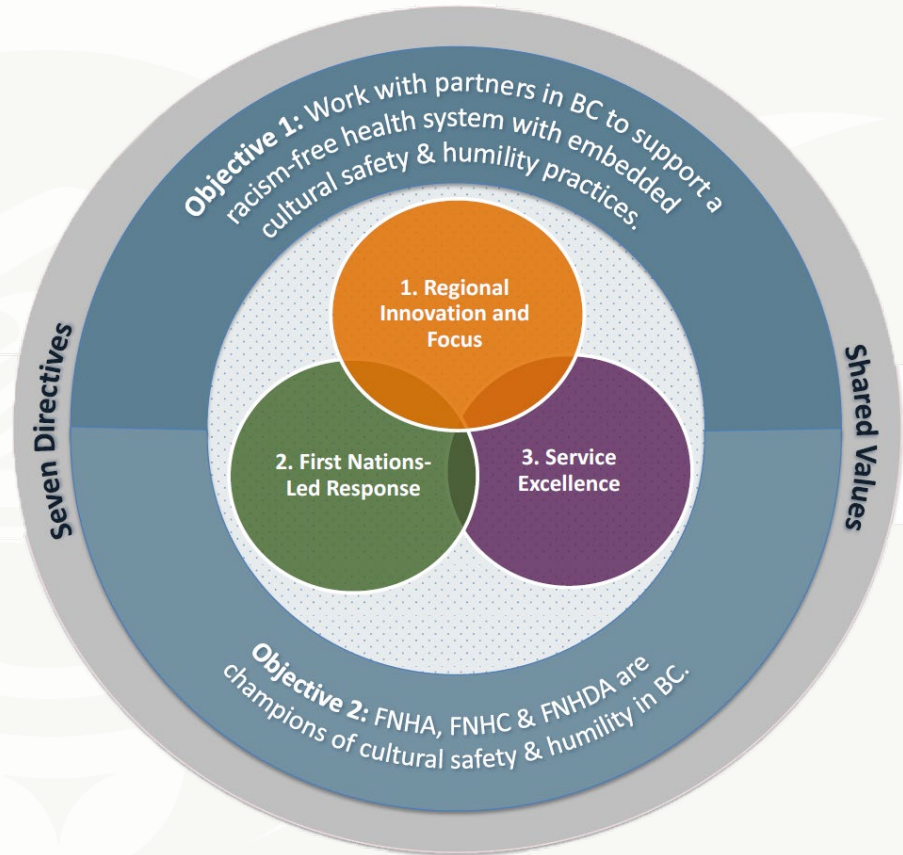
Anti-Racism & Cultural Safety & Humility (CSH)



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HEALTH BENEFITS & SERVICES (HB&S)

- Work with partners to further enhance cultural safety and humility
- Hiring an Indigenous Cultural Safety Specialist to embed CSH into programs, policies and procedures
- Develop and implement learning modules to increase culturally safe service providers





Anti-Racism & Cultural Safety & Humility (CSH)



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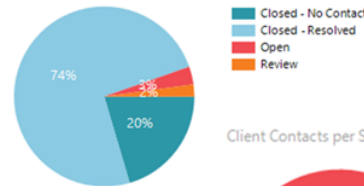
THE FNHA CLIENT COMPLAINTS & COMPLIMENTS PROCESS THROUGH THE QCSO:

- Operationalize our 7 Directives and Shared Values
- Elevate wherever possible the client voice and experience into system transformation
- Provide a 'one door' approach to system navigation, it is not the client who has experienced harm that should know how or alone navigate the complaints process.

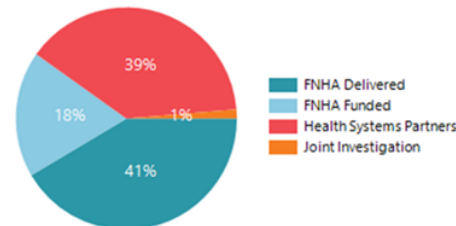
QCSO 2021/22 Yearly Report

Total Complaints	129
Total Compliments	19
Total Requests for Information	431

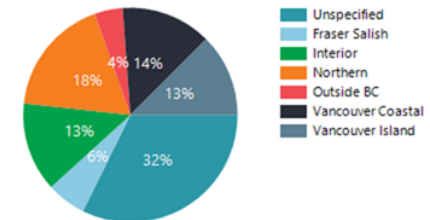
% of Compliance of Implementing Recommendations/Actions



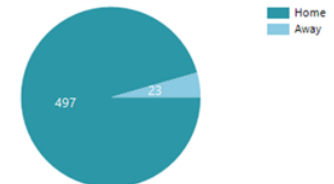
Client Contacts per Service Domain Level 1



Client Contacts per Region



of Clients Away from Home



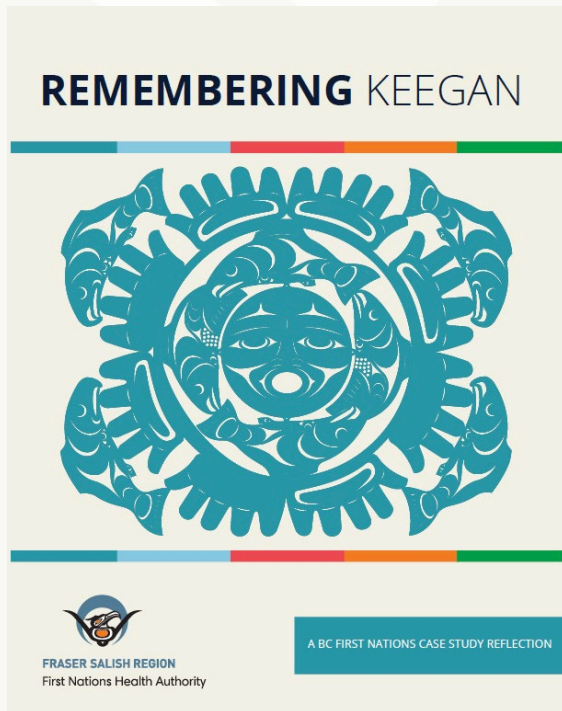
Message from Deputy Chief Medical Officer Dr. Nel Wieman



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CULTURAL SAFETY & HUMILITY / ANTI-RACISM

REMEMBERING KEEGAN: A BC FIRST NATIONS CASE STUDY REFLECTION



Watch Dr. Nel Wieman's video
presentation here:
<https://youtu.be/5C3lpo3A93I>



Cultural Safety and Humility

Remembering Keegan: A BC First Nations Case Study Reflection



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- Keegan Combes, of Skwah First Nation, was a high school graduate, grade 10 pianist, a chess champion, and enrolled in a trades college at the time of his death. Keegan also lived with disabilities, and was non-verbal by choice.
- Keegan died at age 29 following a delayed diagnosis and treatment after an accidental poisoning in September 2015.
- Keegan's ongoing legacy has become a **Transformer Stone** for the Fraser Salish Region.
- FNHA presented the findings at an all Chiefs and leaders gathering on February 14, and the Fraser-Salish FNHC reps and FNHA did a public release and ceremony to gift Keegan's truths to health system leaders in order to learn and take the necessary actions to lead the changes recommended in the Case Study Reflection on February 21.
- **Remembering Keegan: A BC First Nations Case Study Reflection** can be found at: <https://www.fnha.ca/what-we-do/chief-medical-office/remembering-keegan>



Keegan Combes
Feb 21, 1986 – Sept 26, 2015





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FNHA

Policy & Planning Update

Spring Caucus 2022



Paddling Together

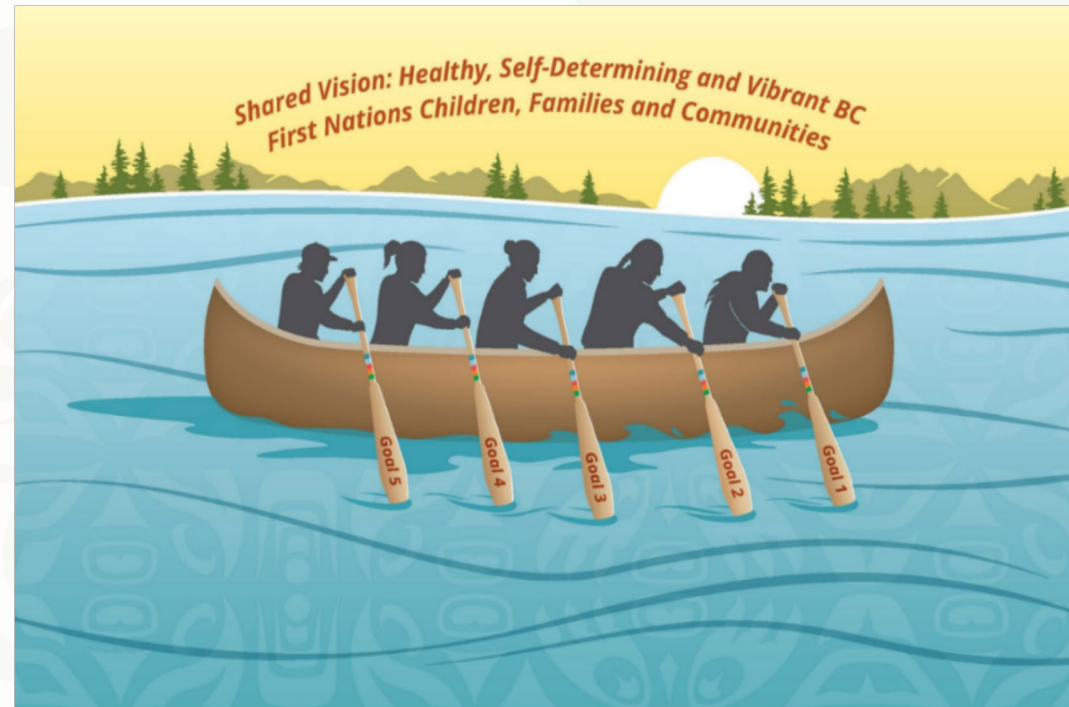
First Nations Health Authority

Health and Wellness Plan



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- FNHA's second multi-year health plan since transfer
- Guiding the next phase of our journey together with First Nations in BC and our partners on health system transformation
- Reflecting the wisdom and direction shared by First Nations in BC
- Building on what we've learned and what we've heard





Paddling Together

First Nations Health Authority

Health and Wellness Plan



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FIVE NEW GOALS ALIGNED WITH REGIONAL PRIORITIES IDENTIFIED IN REGIONAL HEALTH & WELLNESS PLANS:



Drive transformation through the BC First Nations Health Governance Structure and partnerships

Enhance access to quality health and wellness services

Enhance culturally safe mental health and wellness approaches

Advance First Nations approaches to addressing anti-Indigenous racism in health

Drive health and wellness innovation together with First Nations and other partners





Tripartite Evaluation and FNHA Evaluation Response Plans



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- Engagement is complete
- Draft Tripartite Evaluation Recommendations and Response Action Plan and FNHA Evaluation Response Action Plan to be shared with First Nations at town halls this spring for input and validation
- Engagement on Draft Tripartite Evaluation Recommendations & Response Plan and Draft FNHA Evaluation Response Plan at Provincial Town halls this spring for discussion and validation with First Nations
- Input received during town hall engagements will be incorporated in the final draft
- Progress will be publicly reported



ENGAGEMENT ON RESPONSE PLANS

UPCOMING OPPORTUNITIES FOR FIRST NATIONS INPUT AND VALIDATION AT TOWN HALLS THIS SPRING AND SUMMER.

- Tripartite Evaluation Recommendations & Response Plan
 - ✓ Tripartite Evaluation response plan is overarching and comprehensive
- FNHA Evaluation Response Plan
 - ✓ FNHA Evaluation response actions are strongly aligned with Tripartite actions and include additional actions.





Engagement Opportunities

Ensuring community voices are incorporated in our journey



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- The FNHA will continue hosting regular All Chiefs, Health Leaders & Director Town hall/ Webinars series to ensure important and relevant updates on priority topics including: COVID-19 Updates & Lessons Learned; Responding to and Recovering from the Toxic Drug Crisis; and more!
- Additional engagement sessions will be scheduled to ensure we create further opportunities to connect with leaders through Regional engagement pathways and in-person/ online forums

SPRING GOVERNANCE CAUCUS

- Emergency Management
- Regionalization
- Health Legislation

FNHA's TOWN HALL/WEBINAR SERIES

- Important updates, information and resources
- Ample space for dialogue with leaders

ADDITIONAL ENGAGEMENT OPTIONS

- Regional Pathways: on-line/in-person sessions
- Online engagement and paper-based work books

PROVINCIAL HEALTH AND WELLNESS FORUM (FALL 2022)

- Purpose: To create space for engagement with leaders across the Province on FNHA's priorities to caucus sessions
- Key areas of focus: Mental Health & Wellness, Healing Journey from Trauma





Supporting Child & Youth Health And Wellness



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CHILD & YOUTH HEALTH AND WELLNESS CONTINUES TO BE A PRIORITY FOR THE FNHA.

FNHA's work for FY22/23:

- Analyze needs and gaps and gather input from First Nations and partners
- Co-develop engagement with regions
- Findings will inform recommendations to be taken forward by FNHA and partners





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fnha.ca

